



HOW TO HAVE
THE TALK
A GUIDE TO SUPPORT LGBTQ+ MENTAL HEALTH

ENVISSION: YOU & COLORADO ARTISTS IN RECOVERY

PRESENT

Mental Health Action Day

YOGA . SOUND BATH .
CREATIVE MEDITATION

May
15th

6pm-
9pm

FREE
Entry

GREEN SPACES
2590 WALNUT ST.
DENVER, CO 80205

