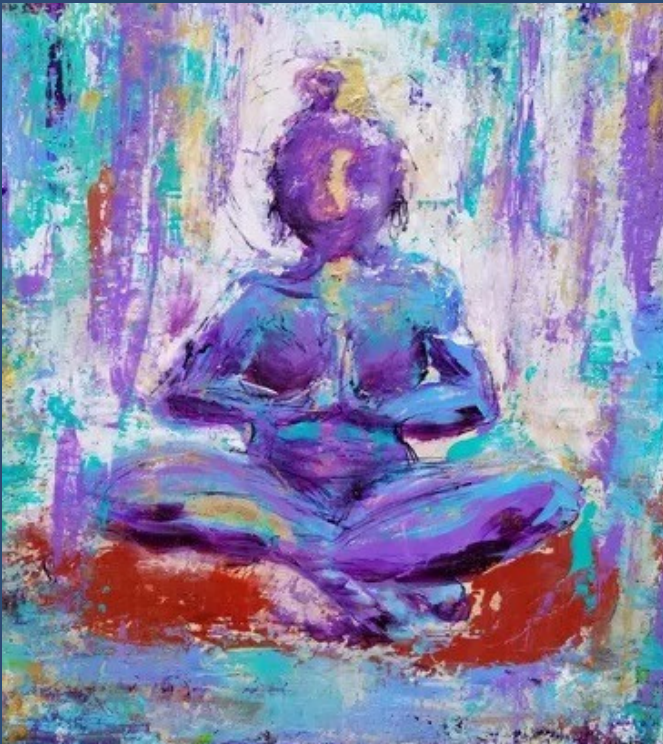


Expressive Arts Workshop

This workshop will stimulate your imagination and channel your inner creativity through a combination of drawing/painting, writing/poetry, dance/movement, music, drama/theatre and art-looking activities.

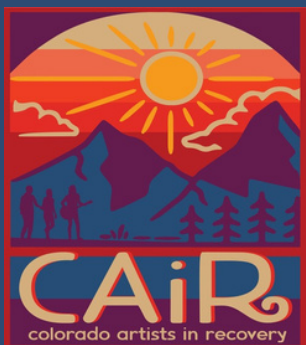


Artwork by Quána Madison



WITH
QUÁNA
MADISON

Quána Madison is an artist, mindfulness teacher, healing arts workshop facilitator and self-leadership coach.



Free Virtual Art Workshop
On Zoom
6 Week Workshop
Thursdays starting Jan. 9th
6:30 PM - 7:30 PM

Registration
Required



www.ColoradoArtistsInRecovery.org