Expressive Arts Workshop

This workshop will stimulate your imagination and channel your inner creativity through a combination of drawing/painting, writing/poetry, dance/movement, music, drama/theatre and art-looking activities.

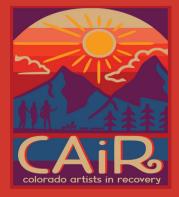




QUÁNA MADISON

Quána Madison is an artist, mindfulness teacher, healing arts workshop facilitator and selfleadership coach.





6 week class on Thursdays starting January 11th 6:30 PM - 7:30 PM

Registration Required



www.ColoradoArtistsInRecovery.org