

EXPLORING THE 7 CHAKRAS THROUGH CREATIVE EXPRESSION



A 6 Week Workshop
with Quána Madison

Register
Here



In this 6-week class, we'll explore the 7 chakras, the body's energetic centers, using expressive artmaking and journal writing. We'll learn a little about each chakra and translate these insights into intuitive artwork.



On Zoom



Thursdays:
May 14th to June 18th



6:30PM - 7:30PM



Free



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