

Free Workshops



www.ColoradoArtistsInRecovery.org

MORE INFO / TO REGISTER



Info@ColoradoArtistsInRecovery.org

TRAUMA-INFORMED YOGA - DROP IN CLASS

EVERY MONDAY AND SATURDAY

IN PERSON AT FREE RECOVERY COMMUNITY - DENVER

MONDAY - 6:15PM TO 7:15PM SATURDAY 11:15AM TO 12:15PM

DRUM CIRCLE

THIRD WEDNESDAY OF EVERY MONTH

IN PERSON AT FREE RECOVERY COMMUNITY - DENVER

WEDNESDAY AT 8:30PM

OPEN STUDIO FOR CREATING & COMMUNITY

2ND AND 4TH SUNDAY OF EVERY MONTH

IN PERSON AT FREE RECOVERY COMMUNITY - DENVER

11:00AM TO 1:00PM

VIRTUAL OPEN STUDIO

EVERY SUNDAY

ON ZOOM

4:00PM TO 6:00PM (MST)

CREATIVE MEDITATION

LAST SATURDAY OF EVERY MONTH

ON ZOOM

10:00AM TO 11:00AM (MST)

All workshops are FREE for those in recovery!

