

Upcoming Workshops



www.ColoradoArtistsInRecovery.org

Registration is Required



Info@ColoradoArtistsInRecovery.org

TRAUMA-INFORMED YOGA

EVERY MONDAY
IN PERSON AT FREE SPIRITUAL COMMUNITY - DENVER
6:15PM TO 7:15PM

OPEN STUDIO FOR CREATING & COMMUNITY

2nd, 3rd, & 4th SUNDAYS OF EVERY MONTH
IN PERSON AT THE ART GYM - DENVER
4PM TO 6PM

Creative Meditation

Virtual Meditation on Last Saturday of each month
VIRTUAL ON ZOOM
LAST SATURDAY - 10AM (MST)

EXPRESSIVE ARTS

6 WEEK VIRTUAL ART WORKSHOP STARTING May 18TH
VIRTUAL ON ZOOM
THURSDAY EVES. 6:30PM TO 7:30PM (MST)

CHARM School - Art & Creativity Workshop

6 WEEK ART WORKSHOP STARTING MAY 10TH
IN-PERSON AT THE ART GYM - DENVER
WEDNESDAY EVES. 6:30PM TO 7:30PM

All workshops are free to those in recovery!

