

Free Workshops



www.ColoradoArtistsInRecovery.org

MORE INFO / TO REGISTER



Info@ColoradoArtistsInRecovery.org

TRAUMA-INFORMED YOGA - DROP IN CLASS

EVERY MONDAY AND SATURDAY

**IN PERSON AT FREE RECOVERY COMMUNITY - DENVER
MONDAY - 6:15PM TO 7:15PM SATURDAY 11:15AM TO 12:15PM**

POETRY CLUB

**STARTING IN APRIL - 4TH WEDNESDAY OF EVERY MONTH
IN PERSON AT FREE RECOVERY COMMUNITY - DENVER
WEDNESDAY - 6:30PM TO 8:00PM**

DRUM CIRCLE

**THIRD WEDNESDAY OF EVERY MONTH
IN PERSON AT FREE RECOVERY COMMUNITY - DENVER
WEDNESDAY AT 8:30PM**

OPEN STUDIO FOR CREATING & COMMUNITY

**2ND AND 4TH SUNDAY OF EVERY MONTH
IN PERSON AT FREE RECOVERY COMMUNITY - DENVER
11:00AM TO 1:00PM**

VIRTUAL OPEN STUDIO

**EVERY SUNDAY
ON ZOOM
4:00PM TO 6:00PM (MST)**

CREATIVE MEDITATION

**LAST SATURDAY OF EVERY MONTH
ON ZOOM
10:00AM TO 11:00AM (MST)**

All workshops are **FREE** for those in recovery!

