

IMPROVISATIONAL DANCE



with Jenny Fottle



No previous dance experience is needed.

Find freedom in movement through a series of exercises to help you get into your body and discover the art of dance. You will access artistic expression through dance no matter who you are or your background.

FREE DROP IN WORKSHOP ON FRIDAY NIGHTS

MARCH 10TH, 17TH, & 24TH

7:15PM-8:15PM

@

CROSSPURPOSE

3050 RICHARD ALLEN CT

DENVER, CO 80205

IN PARTNERSHIP WITH

LIVE DIFFERENT RECOVERY



www.ColoradoArtistsInRecovery.org

