DENVER & ONLINE

TRAUMA-INFORMED YOGA - DROP IN CLASS

EVERY MONDAY AND SATURDAY
IN PERSON AT FREE RECOVERY COMMUNITY - DENVER
MONDAYS- 6:15PM TO 7:15PM
SATURDAYS - 11:15AM TO 12:15PM

Drop-In

CIRCLE OF CAiR

An All Pathways Recovery Meeting Incorporating Creativity
EVERY WEDNESDAY
IN PERSON AT FREE RECOVERY COMMUNITY - DENVER
6:30PM to 8:00PM

DRUM CIRCLE

THIRD WEDNESDAY OF EVERY MONTH
IN PERSON AT FREE RECOVERY COMMUNITY - DENVER
8:30PM

Drop-In

OPEN STUDIO FOR CREATING & COMMUNITY

2ND AND 4TH SUNDAY OF EVERY MONTH
IN PERSON AT FREE RECOVERY COMMUNITY - DENVER
11:00AM TO 1:00PM

VIRTUAL OPEN STUDIO

2ND AND 4TH SUNDAY OF EVERY MONTH
ON ZOOM
4:00PM TO 6:00PM (MST)

IMPROV JAM

FIRST SATURDAY OF EVERY MONTH
IN PERSON TBA
2:00PM TO 4:00PM

CAiR
colorado artists in recovery

Free

CREATIVE WORKSHOPS

COLORADO ARTISTS IN RECOVERY

MORE INFO /REGISTER

WE STRIVE TO CREATE AN INCLUSIVE RECOVERY COMMUNITY WHERE PEOPLE CAN SAFELY EXPRESS THEMSELVES AND HEAL.

ColoradoArtistsInRecovery.org