GUIDED ART WORKSHOP

HARMONY RECOVERY AND COLORADO ARTISTS IN RECOVERY

EVERY 3RD SATURDAY OF THE MONTH

12:30PM - 2:00PM

LOCATION:

Beet Education Center
201 East 5th Street,
Loveland, CO

FREE FOR EVERYONE!

CAiR
colorado artists in recovery

HARMONY. RECOVERY.

allhealth network
HARMONY RECOVERY

Participating in a guided art class offers individuals a creative and non-verbal outlet for expressing emotions, reducing stress, and fostering self-discovery. The structured guidance provided in such classes not only promotes artistic skill development but also serves as a means of promoting mental well-being, encouraging self-reflection, and building a supportive community within the class.



December's Workshop:

3D Paper Snowflakes

GET REGISTERED HERE!

QUESTIONS?

Contact Megan Hauschulz
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