

DENVER & ONLINE

TRAUMA-INFORMED YOGA – DROP IN CLASS

EVERY MONDAY AND SATURDAY

IN PERSON AT FREE RECOVERY COMMUNITY – DENVER

MONDAYS– 6:15PM TO 7:15PM

SATURDAYS – 11:15AM TO 12:15PM

DRUM CIRCLE

THIRD WEDNESDAY OF EVERY MONTH

IN PERSON AT FREE RECOVERY COMMUNITY – DENVER

WEDNESDAY AT 8:30PM

OPEN STUDIO FOR CREATING & COMMUNITY

2ND AND 4TH SUNDAY OF EVERY MONTH

IN PERSON AT FREE RECOVERY COMMUNITY – DENVER

11:00AM TO 1:00PM

VIRTUAL OPEN STUDIO

EVERY SUNDAY

ON ZOOM

4:00PM TO 6:00PM (MST)

IMPROV JAM

FIRST SATURDAY OF EVERY MONTH

IN PERSON AT THE ART GYM

2:00PM TO 4:00PM



Free

CREATIVE WORKSHOPS

COLORADO ARTISTS IN RECOVERY

MORE INFO */REGISTER*



WE STRIVE TO CREATE AN INCLUSIVE
RECOVERY COMMUNITY WHERE PEOPLE CAN
SAFELY EXPRESS THEMSELVES AND HEAL.

ColoradoArtistsInRecovery.org