

Upcoming Free Workshops



www.ColoradoArtistsInRecovery.org

MORE INFO / TO REGISTER



Info@ColoradoArtistsInRecovery.org

TRAUMA-INFORMED YOGA - DROP IN CLASS

EVERY MONDAY AND SATURDAY

IN PERSON AT FREE SPIRITUAL COMMUNITY - DENVER

MONDAY - 6:15PM TO 7:15PM SATURDAY 11:15AM TO 12:15PM

OPEN STUDIO FOR CREATING & COMMUNITY

EVERY SUNDAY

IN PERSON AT THE ART GYM - DENVER

4:00PM TO 6:00PM

CREATIVE MEDITATION

LAST SATURDAY OF EVERY MONTH

ON ZOOM

10:00AM TO 11:00AM (MST)

INTRODUCTION TO GUITAR

6 WEEK MUSIC WORKSHOP STARTING MAY 6TH

IN PERSON AT FREE SPIRITUAL COMMUNITY - DENVER

MONDAYS - 7:00PM TO 8:30PM

IMPROV AND RECOVERY

6 WEEK IMPROV WORKSHOP STARTING MAY 8TH

IN PERSON AT THE ART GYM - DENVER

WEDNESDAYS - 6:00PM TO 7:30PM

JOURNEY CIRCLE WRITING

6 WEEK WRITING WORKSHOP STARTING MAY 9TH

ON ZOOM

THURSDAYS - 6:00PM TO 7:30PM

All workshops are **FREE** for those in recovery!

